



CROSSENS NURSERY SCHOOL

Happy Minds, Healthy Bodies, Kind Hearts

Tuesday 20th October 2026

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Dear Parents and Carers,

Autumn has officially arrived at nursery! It is wonderful to feel the crisp change in the air, and our children are already having a brilliant time exploring the changing colours of nature and splashing through the crunchy fallen leaves.

As we approach our very first half-term break, the children have truly settled into their routines. Please take a look at this month's newsletter for a quick update on their learning, along with several useful dates for your diaries.

Mrs Beth Brice, Headteacher



What are we learning at Nursery?

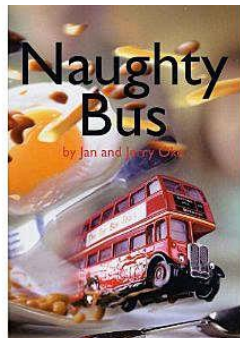
All the children have settled superbly into our settings and I would like to thank my wonderful team for their care, their love and their support for our children. Thank you to you, our parents and carers, for choosing our Nursery and for supporting us generously.

2YOs:

Routine is very important to young children – it helps them to feel safe, reduce anxiety, build self-regulation, lower stress and build independence. Our current key story, 'The Naughty Bus' by Jan and Jerry Oke, grounds itself in the daily routine of a young child. The children are thrilled when the bus drives through the baked beans, rides on the dog and falls into the pond whilst also recognising time for the bus to have a bath, brush its teeth and go to bed! Children have enjoyed caring for the 'Naughty Bus' this week and, after some very bubbly bath-times, the Nursery buses are looking nice and clean!

3&4YOs:

The Big Room have started 'Education from the Heart'. This is our well-being curriculum and the new unit of learning is 'Happy Heart'. The children are enjoying exploring the 'Emotions Road', using their 'Wellness Wheels' to indicate their feelings. We are focusing on the different emotions that we feel and what we might show on our faces or with our bodies when we feel in such a way. This is also helping the children to recognise emotions in their friends as well as in themselves. We have had a particular focus on happy, sad, excited and angry. Talk with your child about their feelings and see if they can spot emotions in books, characters in programmes or with their own friends and families. Encouraging our little ones to express their feelings from a young age lays a wonderful foundation for their future well-being.



The best
feeling of
happiness is
when you're
happy because
you've made
somebody
else happy.



heartsfeelings.blogspot.com

Lunch Boxes

Please remember that lunch boxes must not contain high sugar foods such as sweets, cakes, biscuits, chocolate or popcorn. To reduce the risk of choking, grapes, strawberries and large blueberries must be cut lengthways into quarters. Nuts and products containing nuts are also not allowed for allergy safety. As a Maintained Nursery School, we must follow the School Food Standards, Early Years Nutrition Guidance and Safer Eating Advice. We understand how challenging it can be to find lunchbox inspiration that encourages little ones to eat well, so we will be sharing further ideas and advice over the coming weeks. Thank you for your continued support and understanding as we work together to keep Crossens a safe and healthy place for every child.



Books Alive!

Don't forget to enjoy the Books Alive event this half term! Southport will be hosting a completely free trail based on **The Jolly Postman**, featuring nine interactive storytelling art installations across the town centre! Have a look at www.visitsouthport.com/booksalive for more information, including further activities at the Atkinson!



Exciting news!

Miss White attended training in Leeds last week with the Early Year Stronger Practice Hub. From January 2027, Miss White will work across our region to support other settings as a Practice Advisor for Personal, Social and Emotional Development. This role will just be for two days each week so we still get to keep her passion, drive and inspiring practice at Crossens Nursery School too! This is a wonderful opportunity for Miss White and our school will also benefit from the training offered by the Stronger Practice Hub. How incredible that Crossens Nursery School gets to be a part of this high profile DfE-led initiative! Congratulations Miss White!



ECO Tip of the Month

Make Autumn crafts using fallen leaves and natural materials!



HUGE THANKS!

On Friday 25th September, we hosted our Macmillan Fundraiser. With your support and very generous donations, we raised £55.60 for this wonderful charity!

Thank you for your kindness and for helping us to 'give back' to those who help us.



Diary Dates:

Autumn Assembly – Thursday 22nd October at 9.30am for children attending our 3&4 year old provision.

Half-term- From 26th October and we reopen on Monday 2nd November.

Big Room Parents' Evenings

Monday 9th and Tuesday 10th November

Children in Need – Friday 13th November

2YO Stay & Play - Thursday 10th December

Christmas Performance –

Friday 11th December, 9.30am