



CROSSENS NURSERY SCHOOL

Happy Minds, Healthy Bodies, Kind Hearts

Friday 6th February 2026

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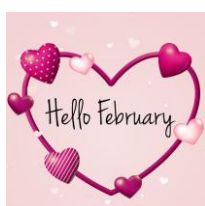
Dear Parents and Carers,

As we approach the half term break, the staff and governors of Crossens Nursery School would like to wish all children and families a restful week when it arrives!

We look forward to welcoming children back to Nursery during the week beginning 23rd February 2026.

What a great half term it has been! The new children have settled so well and I love to see our more experienced children being so kind and helpful to their friends.

Mrs Beth Brice, Headteacher



Welcome!

I would also like to take this opportunity to inform you that Mrs Longfield has joined our wonderful Crossens Family! I am so lucky to have such a skilled and dedicated staff team here at Crossens Nursery School and we continue to grow every year.

Dates for your diary:

- **Tuesday 10th February, 4pm – Tropic & Topics!** Parent Information Session to help with supporting emotional regulation and well being
- **Friday 13th February – Love my Community Day.** Children can wear red and donate £1 to support Alice's Wonderdance, Bebe's Hive and Elsie's Story
- **School closes for half term on Friday 13th February and re-opens on Monday 23rd February**
- **Thursday 5th March, World Book Day**
Children can come to Nursery dressed as their favourite book character!
- **Monday 9th & Tuesday 10th March - Parents Evenings for the Big Room**
- **Friday 13th March, 9.30am - Potty Training workshop**
- **Wednesday 25th March (morning) – Purple Room Easter Stay and Play**
- **Thursday 26th March, 9.30am – Big Room Easter Bonnet Parade**
- **Friday 27th March – Break up for Easter!**

Windmill Animal Farm Trip

On Thursday 19th March, Crossens Nursery School will be going on a trip to Windmill Farm! This will be such a lovely, exciting day!

As I'm sure you can imagine, it takes much thought and planning to take an entire Nursery 'out and about' for the day. You will receive further information soon, outlining all the details but please talk to us if you have any questions regarding the arrangements.

All trip permissions and payments will need to be made via ParentPay so please ensure you have activated your account. You can contact the school office if you need new login information.



Big room

Mindful Heart

This next topic from our Education from the Heart syllabus is 'Mindful Heart'. It focuses on building resilience and having a growth mindset, supporting children to believe in themselves and have a go. It develops a sense of purpose and joy, developing a love to learn attitude.

The children will be introduced to different animals such as Kind Kitten and Calm Cat and learn about the importance of being kind and understanding different emotions. They will also explore why moments of calm are important for our body and mind and learn new strategies to help them cope when faced with everyday challenges. This also helps children understand how others feel and the impact they can have on others will support them in solving conflicts.

Morning activity

After half term, parents are invited to support their children with mark making during a morning activity. There will be 3 activities available to support the different stages of mark making.

1. Developing dexterity and finger strength to support a comfortable pencil grip and making marks using continuous lines. Also using tools that require a tighter grip with fingers and thumb.
2. Understanding how letters go together to make words, such as their name. We will focus on making marks that represent the letters in their name and placing one next to the other in the correct order. At this stage we use letter names like when singing the alphabet. You can model doing this for them or support your child to copy from their name card. We will introduce children to the sound the initial letter makes and make reference to other names or words that start with the same sound. For example, **M**addie and **M**ummy.
3. When children are able to make marks that resemble their name, they are ready to begin to form letter shapes. The most common shapes are:
 - a. Curly letters (o, a, c)
 - b. Ladder letters (l, i, j, t)
 - c. One-armed robots (r, n, m)

Children's mental health week, week beginning 9th February – Theme: This is my place – We will discuss how we belong to nursery, home and our community – creating safe places where children feel comfortable and confident to engage and explore and also calm, quiet spaces when they need to stop or slow down.

What can we do at home? Singing, movement, nature – try to engage in lots of these activities during the week and notice how this supports children's emotional development and regulation. Create a calm space in your home for all the family and take a moment to reflect on how you are feeling and what you might need.

Purple Room

We are off on an adventure this term, going through the swishy – swashy grass, the squelchy mud, the dark forest and the scary cave. We will tune into the sounds that surround us and listen to the noises made when we stomp, jump, run and tip toe. Simple percussion instruments will help us to listen and tune in to the rhythm of 'We're Going on a Bear Hunt' by Michael Rosen. This well-known story will offer the children a rich opportunity for sensory exploration, language development and physical play.



We're Going on a Bear Hunt