



CROSSENS NURSERY SCHOOL

Happy Minds, Healthy Bodies, Kind Hearts

Friday 7th November 2025

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Tel: 01704 228624

Welcome back!

We hope you had a wonderful half-term break and we have enjoyed welcoming your happy children back into the Nursery routine! The month ahead is full of fun and enrichment and we can't wait to share such with your children!

Dates for your Diary

Big Room Parents' Evenings: Monday 10th November and Tuesday 11th November

Children in Need: Friday 14th November –
Wear your Spots or PJs for Pudsey!

Home Safari – Wednesday 19th November

Christmas Party: Thursday 18th December –
More details to follow

Christmas Performance for all children:
Friday 19th December, 9.30am



Mrs Beth Brice, Headteacher

Education from the Heart

A HUGE thank you to Miss White who has returned from Dublin to launch 'Education from the Heart' by Junior Genius Global. This well-being programme will run alongside our Curriculum and Personal Development aims, ensuring that our children are 'Ready to Learn' when they start their journey into Reception.

We are proud and excited to be part of this new venture and Crosssens Nursery School are the first school in the UK to implement this programme. We look forward to sharing our good practice with other providers in the future and the children have already shown a great interest in our teaching so far. You may hear them discussing 'rainbow breath' or their 'Emotions Road' as we work towards building strong emotional understanding and self-regulation in our children.



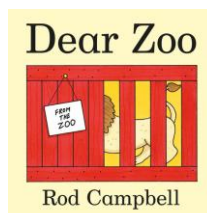
2YOs - Purple Room

"Sharing, giving and receiving"

As we are entering the season of gratitude and giving we will be focusing on the feelings and the many joys that come with it.

Giving and sharing may be difficult for very young children to learn and comprehend but looking at feelings of happiness when receiving something special such as smile, cuddle or a toy during the day can support children's personal, social and emotional development. There are some books and stories that will support children's learning such as: "Dear Zoo" and "Dear Santa" written by Rod Campbell. These simple texts will be our base to learn how to share, give and receive.

In connection with our learning, please could you send pictures of your child's pets or favourite 'toy pets'.



Big Room – 3&4 YO's

Our new topic is 'Happy Heart'

Aim: To name, identify and understand their emotions.

Each week the children will be introduced to breath work with a visual and song. This week we have introduced 'rainbow breathing' and next week it will be 'snake breath'. They will use the 'Emotions Road' and 'Wellness Wheels' to explore 6 key emotions.

- Happy
- Sad
- Angry
- Excited
- Loved
- Scared



The children may also begin to understand calm and tired. They will take part in lots of different activities to help them become aware of body language and facial expressions related to each emotion. The children will begin to understand how each emotion feels and recognise what makes them feel this way. They will also explore the idea of feeling more than one emotion at a time and more importantly, what they need to help them when an emotion feels uncomfortable.

How can I support my child at home?

Here are some lovely videos to support and inspire you with helping your child's development:

'Tony's Tools for a Healthy Brain' –

<https://tinyurl.com/yh2xwwus>

'The Story of You' – Department for Education

<https://tinyurl.com/37eusy49>



School Governors

Our Nursery School Governors met earlier this term to review the work of our school. The Governors consider the children's attainment and progress and the well being of the children and the staff. We are very lucky to have such a dedicated and skilled Board to support our school. The Governors will meet again this month to receive full updates on the Nursery's progress and to help me to keep moving the Nursery forward.



Smoking/ Vaping

In the interests of Health and Safety, our school site is a no smoking zone.

This includes our car parks and pathways. We politely request that parents and carers do not smoke or vape on the school site.



PARKING

Our school shares the site with three other schools and staff need access to spaces. Transport for the special schools also need access in order to support the children safely. Parking is strictly for staff and transport services on-site.

When dropping off or collecting your children please **DO NOT** park on the school site. Many thanks for your support with this matter.

